



Educate Together

Lesson 5

Food and Water



Class Level
5th/6th Class

Curriculum Links

Strand

Strand Unit



Science

Living Things

Plant & Animal Life

English

Oral Language; Writing

Developing cognitive abilities through language

SPHE

1. Myself
2. Myself & the Wider World

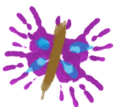
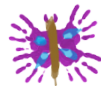
1. Growing & Changing; Making Decisions
2. Developing Citizenship

Learn Together

(Educate Together Schools)

1. Moral & Spiritual
2. Equality & Justice

1. Exploring Moral Development Cultivating Spiritual Growth
2. Activating Equality & Justice through positive Action



Content objectives:

- Children have a clear understanding of **Promise 4**; Food and Water.
- Children will be able to recognise the importance of a healthy diet for their pet.

Resources:

- Report Template for pupils (see below)
- 5 Promises and Poems
- Dogs Trust SPHE Booklet

Differentiation:

- Children pictorially/orally complete report, changing focus from a written Literacy lesson to a Speaking and Listening lesson.
- Children ask questions of the peers after each Oral Report.

Learning objectives:

- Children understand that animals have a specific diet unrelated to human food.
- Children understand that healthy food for humans may be harmful to animals.
- Children understand the dietary needs of animals can differ based on the animal.
- Children will relate this back to **Promise 4**; Food and Water.

Assessment:

- Teacher questions/children's questions
- Written Task



Learning activities:



5th/6th Class

Lesson Plan 5

Introduction

Begin the lesson by reminding the children about the 5 Promises.

Discuss human diet. What do we eat and why? Is it healthy? Is it possible to have a mix of healthy food and treats? (Use Food Pyramid for this if desired).

Development

- Lead a discussion on diet. Class creates a Food Diary based on what they eat on a normal day.
- Ask class to write a list of foods their pet would eat on a normal day. If the child does not have a pet, they can list the food they imagine a family pet would eat throughout the day.
- Ask children to match up the foods that appeared on both lists.
- Divide class into two groups. Group A writes a list based on what their pet WANTS to eat. Group B writes a list based on what foods their pet NEEDS to eat.
- Lead a discussion based on the poem for Promise 4. Did anything in the poem surprise them? (Animals should not be given human food)
- Distribute the list of Dog Cards with brief description of each dog, size, weight, exercise needs etc. Discuss whether or not each dog requires the same amount of food? Why? Why not?
- Remind the class about the framework of a report. They then write a report on their chosen animal.
- The framework is as follows;
 1. Definition; What type of animal are they reporting on?
 2. Description; What do they look like?
 3. Where do they live? What do they eat? Are there any additional requirements?
 4. Conclusion; What type of family would be most suited to this animal? Why?
 5. Illustration
 6. Report framework in resource pack.
- After this activity, the children read out their work.

Conclusion

- Class regroups and discusses today's Promise.
- What guidelines should be given to pet owners in relation to their pet's diet? Pay particular attention to food type and food quantity.



Types of Dogs:



5th/6th Class

Lesson Plan 5

Type of Dog: Afghan Hound



Size: Large
Max. Weight: 27kg
Max. Height: 74cm
Hair Length: Long

Colour: Cream, black or black and brown
Care: Daily brushing, regular baths
Temperament: Proud, stubborn, loyal, loving
Exercise: Regular long walks
Possible Problems: Can be hard to train, coat needs a lot of care

Type of Dog: Basset Hound



Size: Medium
Max. Weight: 27kg
Max. Height: 38cm
Hair Length: Short

Colour: Black, white, brown
Care: Occasional brushing
Temperament: Loyal, gentle, loving, friendly
Exercise: Regular medium walks
Possible Problems: Puts on weight easily if not walked, may wander off if following a scent

Type of Dog: Airedale Terrier



Size: Large
Max. Weight: 23kg
Max. Height: 61cm
Hair Length: Short

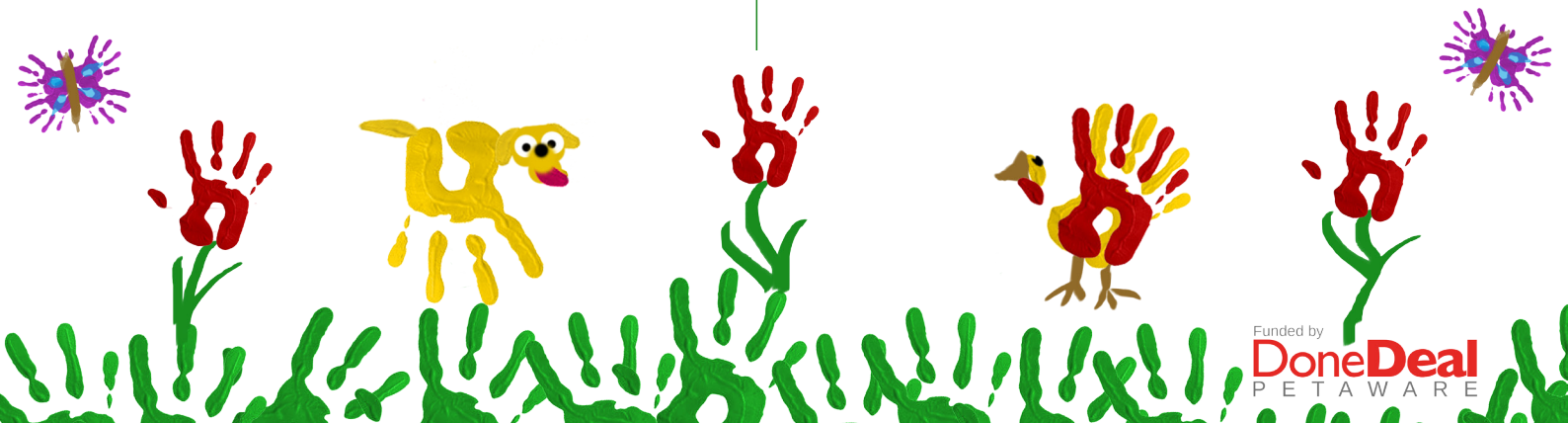
Colour: Light brown with black markings
Care: Regular brushing and trimming
Temperament: Intelligent, brave, confident, friendly
Exercise: Regular long walks
Possible Problems: Can be cross with other dogs

Type of Dog: Border Collie



Size: Medium
Max. Weight: 23kg
Max. Height: 53cm
Hair Length: Medium

Colour: Black, white or brown
Care: Regular brushing
Temperament: Intelligent, alert, active, obedient
Exercise: Regular long walks
Possible Problems: Can get bored easily, very energetic



Types of Dogs:



5th/6th Class

Lesson Plan 5

Type of Dog: Border Terrier



Size: Small
Max. Weight: 7kg
Max. Height: 28cm
Colour: Grey or light brown
Hair Length: Short
Care: Regular brushing

Temperament: Fun, loving, friendly

Exercise: Regular medium walks

Possible Problems: Likes to chase things, stubborn

Type of Dog: Cavalier King Charles Spaniel



Size: Small
Max. Weight: 8kg
Max. Height: 33 cm
Colour: Brown or black with white or brown markings
Hair Length: Medium

Care: Regular Brushing

Temperament: Obedient, friendly, gentle

Exercise: Regular medium walks

Possible Problems: May get fat easily if overfed

Type of Dog: Boxer



Size: Large
Max. Weight: 32kg
Max. Height: 63cm
Colour: White or brown / white or black markings
Hair Length: Short
Care: Occasional brushing

Temperament: Playful, loyal, affectionate

Exercise: Regular long walks

Possible Problems: Can need a lot of training, very lively

Type of Dog: Cocker Spaniel



Size: Medium
Max. Weight: 15kg
Max. Height: 41 cm
Colour: Black, light brown and white
Hair Length: Medium
Care: Regular brushing, regular baths

Temperament: Trustworthy, happy, adaptable

Exercise: Regular long walks

Possible Problems: Ears need a lot of attention, can have problems



Types of Dogs:



5th/6th Class

Lesson Plan 5

Type of Dog: Jack Russell Terrier



Size: Small
Max. Weight: 6kg
Max. Height: 35cm
Colour: White with patches of black and/or brown

Hair Length: Short

Care: Occasional brushing

Temperament: Nosey, active, loving, lively

Exercise: Regular medium walks

Possible Problems: Yappy

Type of Dog: Yorkshire Terrier



Size: Small
Max. Weight: 3 kg
Max. Height: 20cm
Colour: Light brown and black

Hair Length: Long

Care: Daily brushing, Regular baths and trimming

Temperament: Alert, intelligent, lively

Exercise: Regular short walks, garden exercise

Possible Problems: Can be shy and may bark a lot

Type of Dog: St. Bernard



Size: Extra Large
Max. Weight: 95cm
Max. Height: 80cm
Colour: Brown and white
Hair Length: Medium
Care: Daily brushing

Temperament: Friendly, brave, intelligent

Exercise: Regular medium walks

Possible Problems: Likes a lot of attention, expensive to feed

